

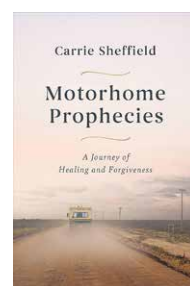
The Bible + Mental Health

The need for biblically rooted mental health care has never been greater.

According to the CDC, adolescent mental health, especially among teen girls, is at a crisis point. But recent research has shown that women attending religious services at least weekly are 68% less likely to die “deaths of despair”—suicide, drug overdose, or alcohol poisoning—and men are 33% less likely.

Join us for this innovative panel discussion hosted at Museum of the Bible, in partnership with Healthy Faith at United Charitable, where we will discuss the scientifically documented mental, physical, emotional, and societal benefits of engaging in regular faith practice centered around belief in the healing power of God.

Author Carrie Sheffield will also be signing copies of her new book, *Motorhome Prophecies: A Journey of Healing and Forgiveness*.



DETAILS

June 12, 2024 | 10:00 a.m. EDT

Museum of the Bible and Zoom

SPEAKERS



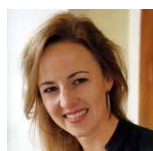
Carrie Sheffield, journalist and author of *Motorhome Prophecies: A Journey of Healing and Forgiveness*, Harvard-trained public policy analyst, Congressional testimony expert witness on social/economic policy



Matthew S. Stanford, professor of psychiatry at Baylor University and Houston Methodist Hospital Institute for Academic Medicine, CEO of the Hope and Healing Center & Institute, and author of five books, including *Grace for the Afflicted: A Clinical and Biblical Perspective on Mental Illness*



Brandon Vaidyanathan, associate professor and chair of the Department of Sociology and director of the Institutional Flourishing Lab at the Catholic University of America



Moderator: **Anne Snyder**, editor-in-chief of *Comment* magazine, fellow with Trinity Forum



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